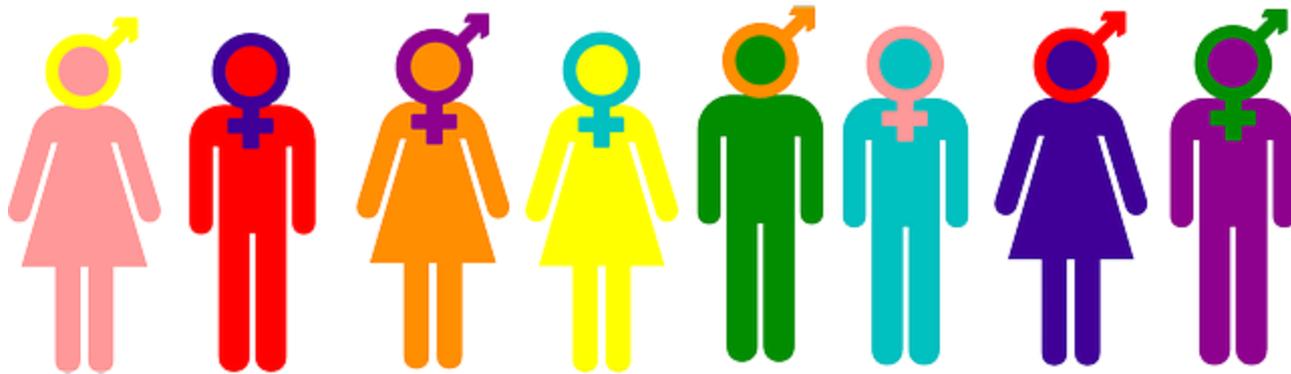


# Sexual Orientation and Gender Identity



## Lesson Objectives:

- To recognise and understand different terms relating to sexual orientation and gender.
- To understand that sexual orientation and gender identity are not the same.
- To raise awareness of the need for tolerance of different people, whatever their sexual orientation or gender identity.
- To understand to think carefully about the language we use.



## Guidelines for the lesson:

Today we are going to cover some sensitive topics so it's even more important than usual that we stick to the following guidelines:

1. Listen to each other and respect what everyone says. There is no such thing as a stupid question.
2. Do not force anyone to say something they don't want to say. No-one has to disclose personal information.
3. What is said in this room, stays in this room.
4. Do not disclose someone else's personal information without their permission.

If you feel you want to talk to me about any of today's lesson, please come and speak to me after the lesson.

# Help & Advice

If you or anyone you know is being bullied let them know of services that there are services available to help them.

- Child Line - 0800 11 11
- Young Minds - [www.youngminds.org.uk](http://www.youngminds.org.uk)
- Stonewall - 0800 050 20 20
- Beat Bullying Cyber Mentors: [www.cybermentors.org.uk](http://www.cybermentors.org.uk)
- CEOP – [www.ceop.police.uk](http://www.ceop.police.uk)
- Teachers

# *What do these celebrities have in common?*



Illusionist Derren Brown – TV presenter Sue Perkins – R&B singer/songwriter Frank Ocean – Rugby player Gareth Thomas – Actor Jodie Foster – Actor Jim Parsons – Actor Neil Patrick Harris – Actor Megan Fox

# ***What do these celebrities have in common?***

**Answer:** They all identify as either lesbian, gay or bisexual

**Derren Brown:** ‘Came out’ to the Guardian newspaper in 2012 and says that he once tried to “train himself out of his homosexuality”, which made him very unhappy, so instead he learnt to embrace who he is

**Sue Perkins:** ‘Outed’ in 2002 by her ex-girlfriend Rhona Cameron who appeared on I’m a Celebrity Get Me Out of Here

**Gareth Thomas:** The most-capped Welsh rugby player, in 2010 he was voted the most influential gay man

**Frank Ocean:** Posted a blog on Tumblr about his first love, a man he met when he was 19, and said that sharing the story made him “feel like a free man”

**Jodie Foster:** Used her acceptance speech at the 2013 Golden Globe awards to thank her ex-partner Cydney Bernard

**Megan Fox:** Openly bisexual, she had several relationships with women before marrying her husband in 2010

**Jim Parsons:** Famous for playing Sheldon Cooper in The Big Bang Theory, he talked about being gay in an interview with the New York Times in 2012

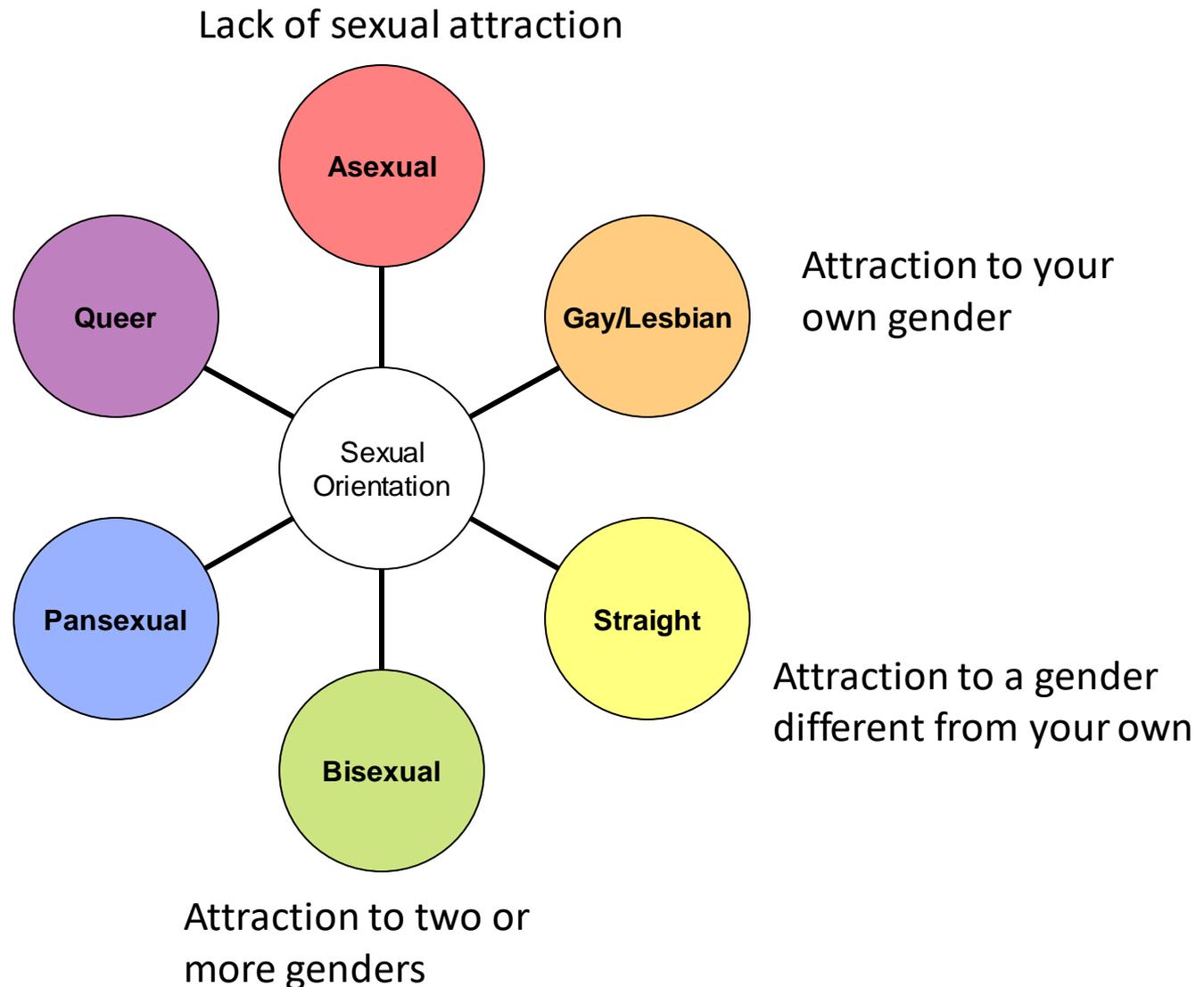
**Neil Patrick Harris:** Known for playing womaniser Barney Stinson in How I Met Your Mother, in 2006 he told the media he is “a very content gay man living life to the fullest”

# How much do you know about sexuality?

Umbrella or stand alone term reclaimed by some LGBT+ people. Many people find it offensive and consider it a slur. If you are unsure if it's OK to use, don't use it.

It can also stand for Questioning.

Attraction to all genders



# Universal Declaration of Human Rights

“All human beings are born free and equal in dignity and rights. They are endowed with reason and conscience and should act towards one another in a spirit of brotherhood.”

*Article 1, Universal Declaration of Human Rights.*

# ***Homophobia – hatred and fear of homosexuals***

**According to Stonewall, a charity which campaigns for gay rights:**

- Almost two thirds of lesbian, gay and bisexual pupils experience homophobic bullying
- Young people who have been homophobically bullied are more likely to leave school at 16
- Seven out of ten gay pupils who experience homophobic bullying state that it has had an impact on their school work
- Half of those who have experienced homophobic bullying have skipped school at some point because of it

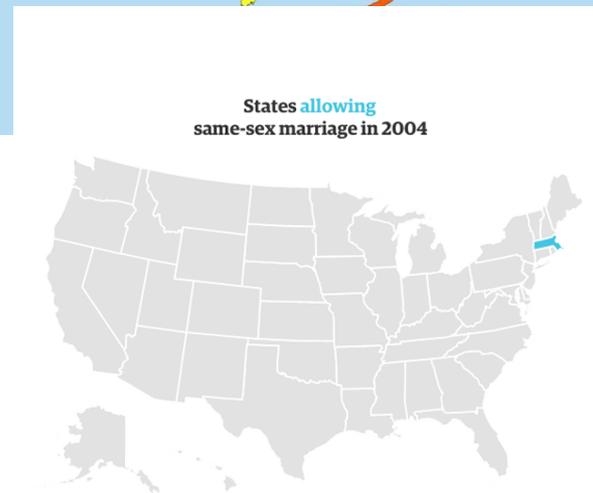
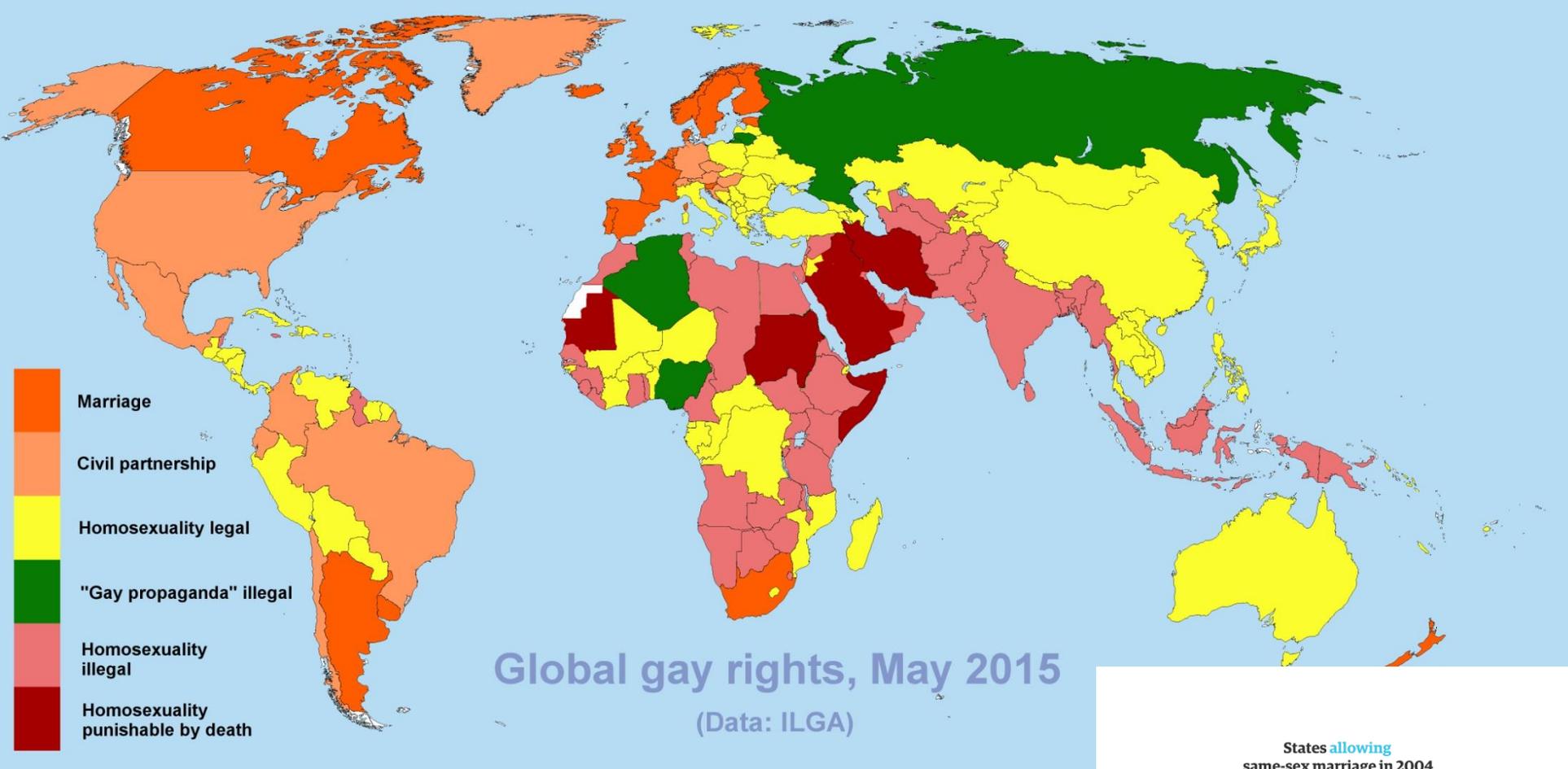
**DISCUSSION: How do you think a gay young person might feel when they hear their friends use the phrase ‘that’s so gay’ to mean something negative or uncool?**

**Do you think using ‘gay’ as a negative word makes you homophobic? Why/why not?**

*“Straight Americans need... an education of the heart and soul. They must understand - to begin with - how it can feel to spend years denying your own deepest truths, to sit silently through classes, meals, and church services while people you love toss off remarks that brutalize your soul.”*

*- Bruce Bawer*





Global picture from 2015

# *Families with same sex parents*



Actor Neil Patrick Harris with his partner David and their twins, Harper and Gideon, who were born in 2010 via a surrogate. One of the twins is biologically Neil's child, the other is David's.

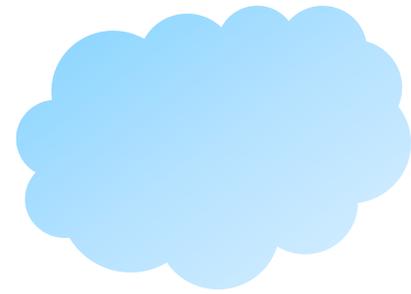
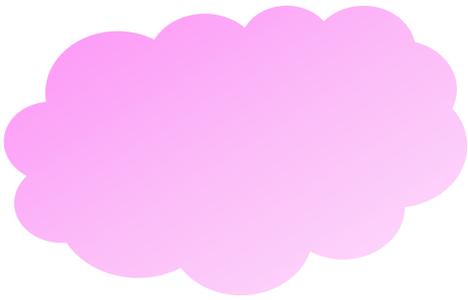
**DISCUSSION:** How do you feel about two people of the same sex bringing up children together?

They also do Halloween in a BIG way!



# Gender

- Gender and sex are different things. Sex refers to anatomy while gender is a social category and refers to behavior and feelings.
- Your gender identity is your own perception of your gender and what label you choose to use. Gender expression is how you convey this, e.g. through clothing.
- Sometimes your gender and sex don't match up. This is why some people feel they were born into the wrong body.



Artistic

Fight

Kind

Science

Brave

Flirty

Leadership

Soldier

Cars

Flowers

Mechanic

Sporty

Creative

Gentle

Messy

Strong

Dolls

Housework

Nurse

Vain

# Gender Stereotypes

*Clothing*

*Accessories*

*What expectations are there on our physical appearance according to gender?*

*Masculine coded attire*

*Feminine coded attire*

*How do you like to present your style? Why is it important to you?*

*Make-up*

*Hair*

**Gender presentation**

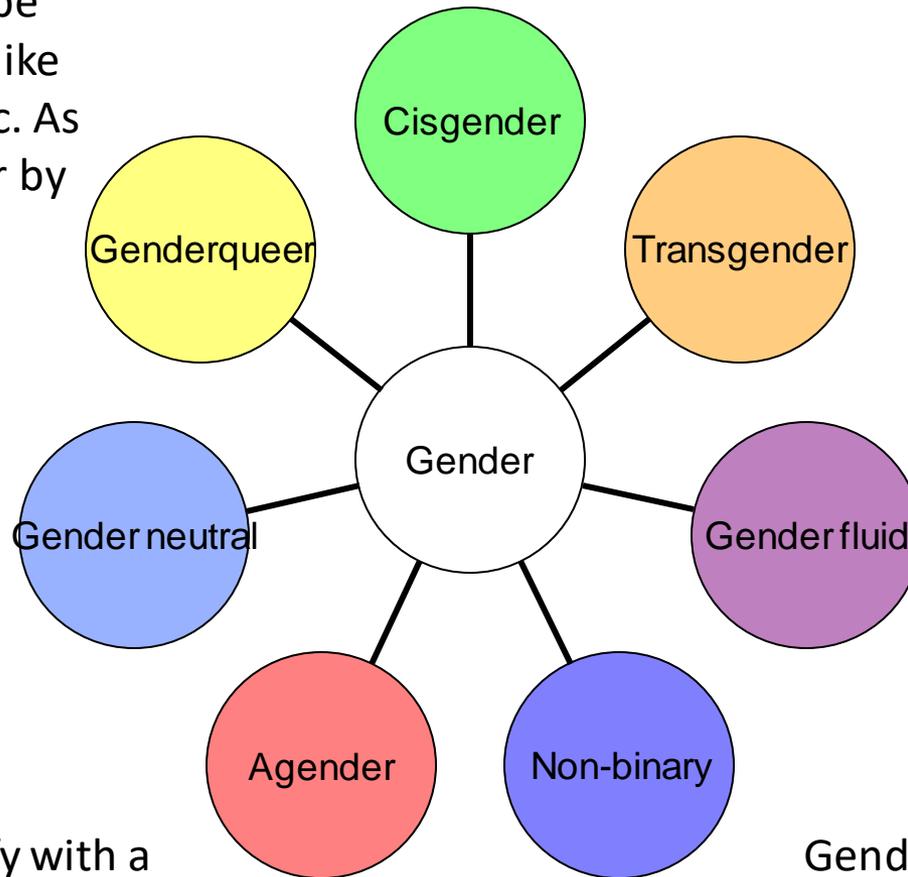
# Gender terms

Gender identity, gender expression and sex match up

Umbrella term to describe non-normative genders like agender/gender fluid etc. As before, considered a slur by many.

Identities not easily categorized as masculine or feminine. Often a blend of the two.

Do not identify with a gender



Umbrella term-where sex, gender expression and gender identity do not match up

Gender identity changes or fluctuates

Gender outside the male/female binary

Approximately 2% of the population is transgender. Trans people do not identify as the gender they were assigned at birth.

“Trans” comes from Latin and means “across from”. (People who do identify as the gender they were assigned at birth are cisgender: “cis” also comes from Latin – it means “on the same side of”.)

Some transgender people take hormones or have surgery to make their body fit society’s ideals of their gender.



*Writer Janet Mock and actress Laverne Cox. Both are activists for transgender rights*

*Lana Wachowski is a film writer & director, most famous for *The Matrix**



*Elliot Page  
Canadian actor  
and producer*

# Transgender

What is it like to come out as transgender?



<https://www.youtube.com/watch?v=T6DoVSoxOVA>

# Stigmas and Discrimination - Examples

- Some people think asexual people are **broken** or **weird**.
- Bisexual people get stigmatized as **greedy** or liars and are extensively **under-represented** in the media.
- Gay is still used as a **derogatory** term.
- Transgender and non-binary people live in a strictly male/female world, e.g. the issue of **male/female toilets** or job applications which ask for your gender but only have two options.
- Sometimes these people are **refused access to benefits** reserved for people of their gender identity but not their assigned sex.
- People with identities that are not widely represented in the media are often told they **don't exist** or they are simply using a label **for attention**.
- These issues can lead to very serious consequences. It is now widely documented that LGBT+ people have a higher prevalence of mental health problems, as well as being more likely to self harm or attempt suicide.

# WHAT TO DO

Research has shown that bullying (LGBT bullying in particular) can have harmful effect on the individual. Most of this bullying is due to young people being stigmatised. If you see someone being bullied...

1. Don't keep quiet- tell a teacher, no matter how silly it seems
2. Report every incident
3. Support the person being bullied
4. If you are worried about someone tell your tutor. They are there to help and will never reveal your name or what you have said unless it is a criminal or safeguarding matter.

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- Teachers

## Key messages:

Write a short summary of the main messages from today's lesson.

